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A MOTHER'S GUIDE, a Manual for the Guidance of Mothers and Nurses.

By Francis Tweddell, M.D., Alumnus of Bellevue Hospital, New York; Fellow of the New York Academy of Medicine; Assistant Physician to the Babies' Hospital Dispensary, New York. Price, \$1.00. James Dougherty, 409-411 West 59th St., New York.

There is little that is new in this book on a subject which has been rather exhaustively written up of late years. Dr. Tweddell is very thorough and covers the ground of his subject conscientiously, taking each subject in a paragraph or short chapter to itself, thus making it an easy book of reference. The list of clothing given for a young baby may strike the mother or nurse seeking guidance as funny, but on the other hand there are only too many mothers and many nurses who stand in need of the somewhat didactic instruction on food and feeding.

FOOD VALUES, Practical Tables for Use in Private Practice and Public Institutions. By Edwin Locke, A.M., M.D., Instructor in Medicine, Harvard Medical School. Price, \$1.00. D. Appleton Company, New York and London.

Consisting entirely of tables of weights and values of food this book is designed to give an instant estimate of the composition and nutritive value of all common foods, so that it can be applied to the regulation of diets in ordinary use. The chemical analysis of food is not touched upon nor is the question of diet for special diseases. A rather long introduction precedes the actual book and very briefly discusses the principles of dietetics which apply especially to the use of the tables which follow.

DISTRICT NURSING. By Mabel Jacques, Graduate of the Hospital of the University of Pennsylvania. Price, \$1.00. The Macmillan Company, New York.

Although lacking entirely the exactness and detail of the "Visiting Nurses' Directory," by Miss Isabel Waters, of the Henry Street Nurses' Settlement, Miss Jacques goes over some of the same ground, taking up the history of district nursing and following its development until it becomes a recognized branch of professional nursing.

Miss Jacques is inclined to be very enthusiastic, and is evidently ardently in love with her work as a district nurse and with district nurses in general. What is forbidden her to say of them by modesty is said for her by Dr. John Pryor, of Buffalo, in a preface which lauds the district nurse, setting her in a somewhat exalted position among her fellows in the nursing profession.